

*Our Village's Voice* is published monthly by the Seabrook Island Village, an association which provides services through a group of trained and vetted volunteers with the goal of helping members of all ages remain independent and active in the community.

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SeabrookIslandVillage.org



*Neighbors Helping Neighbors*

**Our Village's VOICE**

♥♥ Valentines with Love ♥♥♥♥♥♥♥♥♥♥



Danielle Patterson approached Seabrook Island Village some time back with a wonderful suggestion. She thought it might be nice if we were to distribute Valentine's cards to our members made by children. It followed a path we were going to take which involved more personal contact with our members. We took her up on her offer, and what followed was an array of wonderfully produced Valentine's cards which were delivered to all members of SIV, along with a pink rose. From the feedback we got, our members appreciated the effort. Look for more member gifts to follow. 🧑🏻‍🤝‍🧑🏻

**Pet Partner Visits for SIV members**

One of our SIV volunteers, Kim Wesson, is registered with the internationally recognized therapy animal organization called Pet Partners. Kim has two golden retrievers, Stella and Fenway, and she has offered to bring one of her trained therapy dogs to visit with any of our members who would like a visit with one of these beautiful animals outside your home. If you are interested in having a visit from one of these dogs, call SIV at **843-580-2088**.

**“Enjoy the little things,  
for one day you may look  
back and realize they  
were the big things.”**

— ROBERT BRAULT



## Remote Patient Monitoring Device – Roper Hospital

Roper Hospital is offering a Lifetime Personal Response Service which supplies around the clock access to emergency services simply with the touch of a button. If you require help for whatever reason, this service could prove invaluable. The cost of the standard button is \$34.95 per month. Roper has also added an AutoAlert pendant which would bring the total cost to \$44.95 per month. This service is offered through a wireless speaker which is installed in your home. If you would like to have Lifeline installed, get in touch with Kelley Hallman at Roper St. Francis Monitoring [kelley.hallman@rsfh.com](mailto:kelley.hallman@rsfh.com).

## Watch Your Language

How many times have you winced at the use of language that describes aging in an unflattering way? Words like: *old, elderly, senior, golden years, archaic, feeble, needs caring for*, for example. We are considered “seniors” as we age, but are there juniors in the conversation anywhere? AARP says the new normal is going to be living to 100. If that is so, what will happen to your mid-life crisis? You certainly won't be retiring at 65, because that would leave you with 35 years of unearned income.

I would like to change the attitudes towards aging, by changing the language we use to describe it. I would like to see words like *vintage, classic, wisdom, ageless, judicious, sage, and seasoned*.

For example: “*She is an elderly person*” becomes “*she is an elder in the*



*population.*” Elder connotes wisdom. “*She needs caring for*” becomes “*she is seasoned.*” “*He is full of wisdom and ageless,*” instead of “*he is archaic and feeble.*”

We would love to hear from you as to the words that bother you and how you would replace them. Please send your suggestions to [bburgess36@gmail.com](mailto:bburgess36@gmail.com), or call me at 843 345 3664. We can change the way the world looks at the elders in the population by watching the language we use to describe them. 🧑🏻🧑🏻

## Some Facts About St. Patrick's Day

St. Patrick's Day is a holiday known for parades, shamrocks, and all things Irish. Some of the symbols we now associate with St. Patrick's Day come from olden times, and some are purely American inventions.

The shamrock is a part of St. Patrick's Day lore. It was a sacred plant in ancient Ireland because it symbolized the rebirth of Spring. The English were seizing Irish land and many Irish began to wear the shamrock as a symbol of their pride in their heritage and their displeasure with English rule.

Music is associated with St. Patrick's Day celebrations, as well as Irish culture in general. After being conquered by the English and forbidden to speak their own language, the Irish turned to music to help them hold on to special events in their culture.

The snake is a part of traditions honored on March 17, as St. Patrick is known as the man who drove all the snakes out of Ireland. In fact, the Irish nation was never home to snakes. The banishing of the snakes was just a metaphor for the

eradication of pagan ideology and the triumph of Christianity.

As for American traditions, corn beef and cabbage only began to be part of St. Patrick's Day in the early 1900s. Irish immigrants, living in New York's lower East Side, substituted corned beef for the more expensive dish of Irish bacon to save money.

Source: [History.com/St.Patrick's Day symbols and traditions](https://www.history.com/st-patrick-day-symbols-and-traditions)



**Happy St. Patrick's Day from all of us at Seabrook Island Village!**



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